1. **What is ISO 45001-2018**

* It is an [ISO](https://en.wikipedia.org/wiki/International_Organization_for_Standardization) standard for management systems of [occupational health and safety](https://en.wikipedia.org/wiki/Occupational_health_and_safety) (OHS), published in March 2018. The goal of ISO 45001 is the reduction of occupational injuries and diseases, including promoting and protecting physical and mental health.[[1]](https://en.wikipedia.org/wiki/ISO_45001#cite_note-description_page-1)
* The standard is based on [OHSAS 18001](https://en.wikipedia.org/wiki/OHSAS_18001), conventions and guidelines of the [International Labour Organization](https://en.wikipedia.org/wiki/International_Labour_Organization), and national standards.[[1]](https://en.wikipedia.org/wiki/ISO_45001#cite_note-description_page-1)[[2]](https://en.wikipedia.org/wiki/ISO_45001#cite_note-2)

1. **What Benefits will the standard bring to business**.

* Improve employee safety and Increase productivity
* Lower insurance costs
* Reduce risk
* Gain a competitive advantage
* Engage employees in safety
* Shift from reactive to proactive
* Demonstrate your commitment to safety

1. **Standard Applicable to**

* It sets the framework for establishing, implementing, and maintaining an occupational health and safety (OH&S) management system, managing OH&S risks and opportunities. Ultimately, its aim is to promote and protect the physical and mental health of workers, a responsibility held by any organization. It is nonprescriptive in nature, being applicable to any organization, regardless of size.

1. **Where can I get more information and down load the standard copy**

You can visit [www.iso.](http://www.iso.)org and purchase a copy of the standard.